

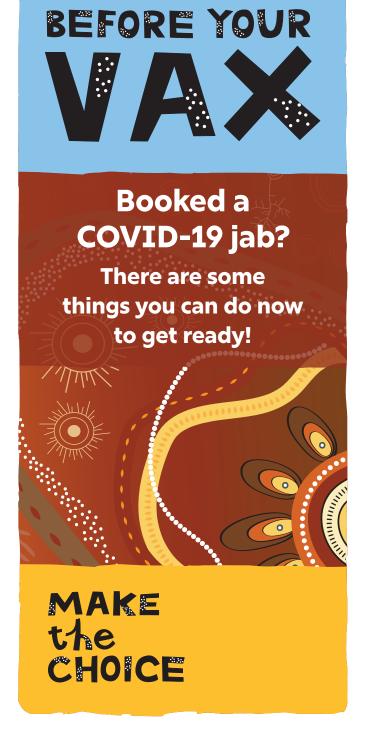
Speak up if you:

- have had an allergic reaction to a previous dose of a COVID-19 jab or to an ingredient of the jab
- have had anaphylaxis (a severe allergic reaction) to other jabs or other medicines
- have a mast cell disorder
- have a bleeding disorder or are receiving anticoagulant therapy (a blood thinner)
- are pregnant (or might be pregnant) or breastfeeding
- have a weakened immune system or take immune suppressing medication
- have had COVID-19
- have received another COVID-19 jab (which brand?)
- have received any other jabs in the last 14 days.

The jab goes into your upper arm muscle so wear a comfortable shirt where you can roll your sleeves up.

After the jab, you need to stay in the clinic for observation for at least 15 minutes.





Pre-appointment

Make sure your details are right

Make sure your details are up to date with Medicare (you can still get the COVID-19 jab if you are not eligible for Medicare).

You can do this via:

- Medicare online account via myGov
- the Express Plus Medicare app
- calling Medicare on 132 011.

If you don't have an account, no worries, you can:

- enrol in Medicare (if you're not already enrolled)
- create a Medicare online account
- get an Individual Health Identifier (IHI) if you're not eligible for Medicare.

Plan ahead

It is important that you get both doses of the COVID-19 jab. Depending on which jab you're given, you may need to wait from three to 12 weeks between each jab. Your immunisation provider will let you know.

Have a yarn with them and book your second jab appointment.

Appointment day

On the day

Don't forget to eat some food and drink plenty of water prior to your appointment.

Don't go to your appointment if you:

- are unwell with a fever, cough, runny nose, or other symptoms that could be from COVID-19
- are awaiting COVID-19 test results
- have tested positive with COVID-19 and you are in isolation
- are in quarantine or
- are a close contact of someone with COVID-19.

Call your immunisation provider if you need to reschedule.

Note:

- If you've had another jab in the 14 days before your COVID-19 jab appointment, tell your immunisation provider.
- You are not required to be tested for COVID-19 before the jab if you do not have any symptoms.



At your appointment

Checklist

Bring the following with you:

- photo ID, if you have one
- Medicare card, if you have one
- employee ID, if you are getting a COVID-19 jab because of your occupation.
- information about any of your medical conditions or medications
- information about any previous COVID-19 jab received
- information about any reactions you have had to any jabs in the past
- the name of your current GP/s and any specialist doctors you see
- a face mask (if required by your state/territory).